

## **CURRENT AVAILABLE TIMES**

Mornings - available for "quiet classes" (yoga, meditation, barre, Balinese, hula)

Monday-Friday, 8:00am - 12:00pm available for "quiet" classes Saturday morning, 7:00am - 8:15am Sunday morning, 8:30am - 9:30am

Afternoons/Afterschool (Great for parent/child classes/workshops, day-time youth classes, after-school youth and teen classes)

Monday-Friday, 12:00pm - 4:45pm

## **Evenings**

Mondays, 6:30pm - 10:00pm
Tuesdays, 5:00pm - 6:45pm
Wednesdays, 7:45pm - 10:00pm
Thursdays - available for short-term series or rehearsals
Fridays - available for one-time workshops, rehearsals or events as RCW calendar allows