



Celebrating YOU! SEL Classroom Activity

To the Students:

In the interview with Anna Lin, we discovered that she is a very unique individual. All of her experiences in life, her childhood, her likes and dislikes, her school, her travels, her curiosity and determination, helped make her who she is today.

In fact, each one of us is unique. And that's part of what makes our world so beautiful. In this activity, we will find a creative way to express and celebrate all the amazing things about YOU.

To the Teachers:

Have your students think about all the amazing, wonderful things that make them who they are: their family, favorite music, languages they speak, etc. Now, ask them to take all of those elements (or some of them) and choreograph a dance, compose a song or create a piece of art (painting, collage, drawing, sculpture).

Allow your students a bit of time to be creative. You can set aside part of one day, or provide 10-15 minutes each day to work on it over a period of a week or more.

When the projects are complete, have your students take turns sharing their Creative Self-Celebrations in small groups or with the whole class. Have your students discuss what they learned about each other and how having everyone together makes their class so special.

